


# POPPIES

RESTAURANT & DELI

 Poppies Restaurant & Deli  @Poppies.DelrayBeach  
[www.poppiesrestaurantanddeli.com](http://www.poppiesrestaurantanddeli.com)



Our management team is seeking to restore traditional values. We are bringing the key features of high-end dining to the casual dining environment at an everyday value with inspired cuisine, attentive, knowledgeable service and an upbeat atmosphere. We do this by keenly focusing on the subtle details that define your dining experience.

The spirit of our hospitality shines through in attractive food presentation and the welcoming smiles of a team that works together and is proud to host you. Our respectful, intelligent staff is devoted to customer service and eager to please you.

From the scent to the aroma of expertly prepared entrees, your nose will confirm that you have arrived at the right place. All of these experiences reinforce the most important message - the one you receive from your taste buds.

Our Executive Chef, and his well-trained and highly motivated kitchen staff, carefully prepare each component of your dish using the finest, freshest ingredients. Food is their Passion. Our efforts distinguish us from our competitors.

**TO OUR FAITHFUL PATRONS**

We would like to thank you for your comments, suggestions and support as we strive to offer you the very best in food & drink. We are thankful for this opportunity to serve you!

**GIFT Cards AVAILABLE**

For any occasion.

Open 7 Days a Week from 7 A.M. till 10 P.M.

Thank you for dining here at Poppies.

- A 20% gratuity will be added for parties of 8 or more •
- We cannot be responsible for personal property left on premises •

# Beverages

<b>Freshly Brewed Coffee</b> Regular or Decaf . . . .	3.25
<b>Hot Tea</b> Regular, Decaf or Green . . . . .	3.25
<b>Iced Tea or Iced Coffee</b> . . . . .	3.75
<b>Lemonade</b> . . . . .	3.50
<b>Dr. Brown Soda</b> . . . . .	3.25
<b>Fountain Soda</b> . . . . .	3.50
<b>Milk</b> . . . . .	3.00
<b>Hot Chocolate</b> . . . . .	3.00
<b>Bottled Water</b> . . . . .	2.25

<b>Juices</b> Orange, Grapefruit, Pineapple, Tomato, Cranberry or Apple . . . . .	3.00	4.95
<b>Café Latte</b> Espresso & Steamed Milk . . . . .		6.00
<b>Cappuccino</b> Espresso, Foamy Milk & Cinnamon . . . . .		6.00
<b>Café Mocha</b> Espresso, Chocolate Syrup & Steamed Milk . . . . .		6.00
<b>Espresso</b> . . . . .		4.00
<b>Double Espresso</b> . . . . .		5.00

## Beer

<b>Jai Alai IPA</b> . . . . .	8.00
<b>Heineken</b> . . . . .	7.00
<b>Miller Lite</b> . . . . .	7.00
<b>Corona</b> . . . . .	7.00
<b>Stella Artois</b> . . . . .	7.00
<b>Blue Moon</b> . . . . .	7.00
<b>Michelob Ultra</b> . . . . .	7.00

PLEASE ASK YOUR SERVER ABOUT OUR SELECTION

## Wine

<b>Chardonnay</b> . . . . .	10.00
<b>Pinot Grigio</b> . . . . .	10.00
<b>Merlot</b> . . . . .	10.00
<b>Cabernet Sauvignon</b> . . . . .	10.00
<b>Pinot Noir</b> . . . . .	10.00
<b>Sauvignon Blanc</b> . . . . .	10.00

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## Brunch Cocktails

**Mimosa or Bloody Mary** 9.95

PLEASE ASK YOUR SERVER FOR MORE SELECTIONS

## Soda Fountain Favorites

<b>Original New York Egg Cream</b> . . . . .	6.00
<b>Root Beer Float</b> . . . . .	7.00
<b>Ice Cream Soda</b> . . . . .	7.00
<b>Ice Cream</b> Vanilla, Chocolate, Orange Sherbert or Rainbow Sherbert . . . . .	One Scoop 5.95 • Two Scoops 7.95
<b>Classic Milk Shake</b> Vanilla, Chocolate, Strawberry or Cookies & Cream . . . . .	7.00
<b>Black &amp; White Shake</b> Vanilla Ice Cream & Chocolate Syrup . . . . .	7.00
<b>Cookies &amp; Cream Shake</b> Chocolate Sauce & Oreo Cookie Ice Cream . . . . .	8.00

## Desserts

<b>Assorted Ruggalach</b> Chocolate, Raspberry, Apricot & Raisin . . . . . by lb.	
<b>Black &amp; White Cookie</b> . . . . .	4.95
<b>Raspberry Linzer Tart</b> . . . . .	4.95
<b>New York Cheesecake</b> . . . . .	7.95
with Fresh Strawberry or Blueberry . . . . .	8.95
<b>Death By Chocolate Cake</b> . . . . .	7.95
<b>Carrot Cake</b> . . . . .	7.95
<b>7 Layer Cake</b> . . . . .	6.95
<b>Tiramisu</b> . . . . .	7.95
<b>Apple Pie</b> . . . . .	6.95
<b>Blueberry Pie</b> . . . . .	6.95
<b>Cherry Pie</b> . . . . .	6.95
<b>Coconut Custard Pie</b> . . . . .	6.95
<b>Rice Pudding</b> . . . . .	5.95
<b>Chocolate Dipped Almond Horn</b> . . . . .	5.95
<b>Fudge Walnut Brownie</b> . . . . .	5.95
<b>Apple Turnover</b> . . . . .	5.95
<b>Chocolate Eclair</b> . . . . .	5.95
<b>Cannoli</b> . . . . .	5.95
<b>Fresh Baked Danish</b> . . . . .	5.25
<b>Fresh Baked Muffin</b> . . . . .	4.95

### Specialty Cakes, Tarts & Pies baked on the Premises

PLEASE REQUEST CELEBRATION CAKES IN ADVANCE

SUBSTITUTIONS ARE SUBJECT TO UPCHARGE • PLEASE MAKE YOUR SERVER AWARE OF ANY ALLERGIES

\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

# Snacks & Starters

<b>Wings</b> Hot, Mild, BBQ, Honey BBQ, Teriyaki or Sweet Chili, served with Bleu Cheese Dressing, Celery & Carrots .....	(5) 9.95 (10) 14.95
<b>Mozzarella Sticks</b> Served with Marinara Sauce .....	11.95
<b>Hummus</b> with Grilled Pita Wedges, Carrots & Celery .....	10.95
<b>Grilled Octopus</b> Olives, Capers, Roasted Red Peppers, Lemon & Shredded Lettuce, drizzled with Greek Dressing	20.95
<b>Fried Calamari</b> Fresh Calamari lightly battered, with Marinara Sauce .....	17.95
<b>Chicken Fingers</b> with French Fries .....	16.95
<b>Three Cheese Blintzes</b> with Applesauce or Sour Cream .....	14.95
<b>Homemade Knishes</b> Potato, Kasha or Spinach .....	5.95
<b>Three Homemade Potato Pancakes</b> with Applesauce or Sour Cream .....	11.95
<b>Disco Fries</b> Crispy Fries topped with Mozzarella Cheese & Gravy .....	10.95
<b>Homemade Noodle Kugel</b> .....	7.95
<b>French Onion Soup</b> Sweet Onions & Onion Broth, baked with Mozzarella Cheese & Croutons .....	8.95
<b>Matzo Ball Chicken Soup</b> .....	Cup 7.95 • Bowl 11.95
<b>Chicken Noodle Soup</b> .....	Cup 6.95 • Bowl 9.95
<b>Mushroom Barley</b> .....	Cup 6.95 • Bowl 9.95
<b>Soup of the Day</b> .....	Cup 6.95 • Bowl 9.95

## Quesadilla

Melted Cheddar Cheese, served with Guacamole, Salsa & Sour Cream  
 Cheese 11.95 • Vegetable 13.95 • Chicken 14.95 • Steak 18.95 • Brisket 18.95

# Specialty Salads

<b>Salad Twins</b> (Choice of 2: Chicken, Tuna, Egg, Chopped Herring or Chopped Liver) with Lettuce, Tomato, Potato Salad or Cole Slaw .....	17.95
<b>Salad Triplets</b> (Choice of 3: Chicken, Tuna, Egg, Chopped Herring or Chopped Liver) with Lettuce, Tomato, Potato Salad or Cole Slaw .....	19.95
<b>Chef's Salad</b> Crisp Lettuce, Cucumbers, Tomatoes, Hard Boiled Egg, Black Olives, Rolled Turkey Breast, Roast Beef, Swiss Cheese & Boiled Ham with Your Choice of Dressing .....	18.95
<b>Caesar Salad</b> Romaine with Croutons, Caesar Dressing & Parmesan Cheese .....	15.95
<b>Portobello Salad</b> over Mixed Greens, Portobello Mushrooms, Roasted Peppers, Tomatoes & Fresh Mozzarella Cheese, served with Homemade Balsamic Vinaigrette .....	18.95
<b>Avocado Mango Salad</b> Mixed Greens, Avocado, Mangoes, Strawberries, Tomatoes, Onions & Almonds, served with Citrus Dressing .....	16.95
<b>Power-Up Salad</b> Mixed Greens, Red Quinoa, Diced Cucumber, Cherry Tomatoes, Red Onion, Walnuts & Feta Cheese .....	15.95
<b>Healthy Harvest Salad</b> Mixed Greens, Roasted Red Beets, Avocado, Roasted Red Peppers, Pecans & Goat Cheese .....	15.95
<b>Stuffed Whole Tomato</b> Fresh Tomato filled with Choice of Chicken, Tuna or Egg Salad with Onion, Cucumber & Bell Peppers .....	16.95
<b>Greek Salad</b> Romaine, Tomato, Cucumbers, Red Onions, Feta Cheese, Olives, Peppers & Grape Leaves .....	16.95
<b>Mixed Greens Salad</b> Garden Vegetables, served with Choice of Dressing .....	15.95
<b>Turkey Mediterranean Salad</b> Sliced Turkey Breast, Romaine Lettuce, Celery, Onions, Peppers, Tomatoes, Raisins & Hard Boiled Egg with Honey Mustard Dressing .....	18.95
<b>Cobb Salad</b> Romaine, Grilled Chicken or Turkey, Avocado, Tomatoes, Bacon, Hard Boiled Egg & Crumbled Bleu Cheese, served with Bleu Cheese Dressing .....	18.95

### Salad Add-Ons:

GRILLED CHICKEN 7.00 • GRILLED STEAK 11.00 • GRILLED SHRIMP 11.00 • GRILLED SALMON 12.00  
 GYRO MEAT 7.00 • TURKEY BURGER 7.00 • SLICED TURKEY 7.00

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# Homemade Salad Sandwiches

SERVED WITH LETTUCE & TOMATO, COLE SLAW OR POTATO SALAD & PICKLE

	SANDWICH	PLATTER
<b>Chopped Egg Salad</b> .....	14.95	16.95
<b>Chicken Salad with Dill</b> .....	17.95	18.95
<b>Tuna Salad</b> .....	16.95	17.95
<b>Chopped Chicken Liver</b> .....	15.95	17.95
<b>Shrimp Salad</b> .....	18.95	19.95
<b>Whitefish Salad</b> .....	17.95	19.95
<b>Baked Salmon Salad</b> .....	17.95	19.95
<b>Chopped Herring</b> .....	14.95	16.95

## Pizzas

GLUTEN FREE CRUST 2.00 EXTRA

<b>*Cheese Pizza</b> Shredded Mozzarella Cheese & Tomato Sauce .....	12.95
<b>*Meat Lover's Pizza</b> Pepperoni, Bacon, Sausage & Meatballs, Mozzarella Cheese & Tomato Sauce .....	17.95
<b>*Greek Pizza</b> Mozzarella Cheese, Spinach, Kalamata Olives & Feta Cheese .....	14.95

### Pizza Add-Ons 1.50 each:

PEPPERONI • SAUSAGE • CHICKEN • MEATBALLS • BACON • BLACK OLIVES • MUSHROOMS  
ONIONS • PEPPERS • BROCCOLI • SPINACH • EXTRA CHEESE

## Overstuffed Deli Sandwiches

SERVED ON HOMEMADE RYE BREAD WITH CHOICE OF ONE SIDE: COLE SLAW, POTATO SALAD, POTATO PANCAKES OR FRIES & PICKLE

<b>Hot Corned Beef</b> .....	19.95	<b>Frame White Meat Turkey</b> .....	18.95
<b>Hot Pastrami</b> .....	19.95	<b>Salami</b> .....	17.95
<b>Roast Beef</b> .....	19.95	<b>Hard Salami</b> .....	18.95
<b>Tongue</b> .....	24.95	<b>Virginia Ham &amp; Swiss Cheese</b> .....	17.95
<b>Hot Brisket</b> .....	19.95	<b>Two Meat Combination</b> .....	19.95

ANY COMBINATION WITH FRAME 2.00 EXTRA • ANY COMBINATION WITH TONGUE 7.00 EXTRA • HARD SALAMI 1.50 EXTRA  
EXTRA LEAN 2.00 EXTRA • ADD ANY CHEESE 2.00 EXTRA • MAKE ANY SANDWICH NEW YORK SIZED 3.50 EXTRA

## Grilled Sandwiches

SERVED WITH POTATO PANCAKE, FRENCH FRIES, POTATO SALAD OR COLE SLAW & PICKLE

<b>Rachel</b> (Pastrami) <b>or Reuben</b> (Corned Beef) .....	21.95
<b>Turkey Reuben</b> with Swiss Cheese & Sauerkraut .....	20.95
<b>Grilled Cheese</b> .....	12.95
<b>Grilled Cheese with Tomato</b> .....	13.95
<b>Grilled Cheese with Bacon &amp; Tomato</b> .....	15.95
<b>Grilled Ham &amp; Cheese</b> .....	14.95
<b>Tuna Melt</b> .....	17.50
<b>Grilled Chicken Breast</b> with Lettuce, Tomato & Onion .....	18.95
<b>Hot Dog</b> with Sauerkraut .....	9.95

## Sides

<b>Cole Slaw or Potato Salad</b> .....	3.95	<b>Baked Sweet Potato</b> .....	6.95
<b>Single Potato Pancake</b> .....	3.25	<b>Mashed Potatoes</b> .....	5.95
<b>French Fries</b> .....	5.95	<b>Kasha Varnishkas</b> .....	5.95
<b>Sweet Potato Fries</b> .....	6.95	<b>Vegetable of the Day</b> .....	6.95

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# Deluxe Burgers

SERVED WITH LETTUCE, TOMATO, ONION, FRENCH FRIES, COLE SLAW & PICKLE

<b>Cheeseburger</b> with Lettuce, Tomato & Onion	17.95
<b>Veggie Burger</b> with Lettuce, Tomato & Onion	17.95
<b>Turkey Burger</b> with Lettuce, Tomato & Onion	16.95
<b>Jersey Burger</b> with Taylor Ham, Fried Egg & American Cheese on a Hard Roll	15.95
<b>Patty Melt</b>	17.95

## Burger Add-Ons:

BACON 3.00 • MUSHROOMS 2.00 • FRIED ONIONS 2.00 • TAYLOR HAM 3.00 • FRIED EGG 2.00 • AVOCADO 3.00  
JALAPEÑOS 2.00 • CRISPY FRIZZLED ONIONS 2.00 • RED ONION 1.00

# Specialty Sandwiches

SERVED WITH POTATO PANCAKE, FRENCH FRIES, POTATO SALAD OR COLE SLAW & PICKLE

<b>Philly Cheese Steak Sandwich</b> American Cheese, Peppers, Mushrooms & Onions on a Hoagie Roll	18.95
<b>French Dip</b> Hot Sliced Roast Beef & Mozzarella Cheese on a Hoagie Roll, served with Au Jus Dipping Sauce	19.95
<b>House Favorite Sandwich</b> Grilled Chicken Breast, Portobello Mushrooms & Roasted Peppers on Pita Bread, served with House Balsamic Vinaigrette	17.95
<b>Sloppy Joe</b> Choice of Turkey, Roast Beef, Corned Beef or Pastrami with Cole Slaw & Russian Dressing on Rye Bread	18.95
<b>Gyro Platter</b> Slices of Gyro Meat, Tzatziki Sauce, Pita Bread, Greek Salad & French Fries	18.95
<b>Gyro Sandwich</b> Grilled Lamb Strips with Lettuce, Tomato, Onion & Tzatziki Sauce, wrapped in Pita Bread	16.95
<b>Souvlaki Platter</b> Marinated Chunks of Chicken or Pork with Tzatziki Sauce, Pita Bread, Greek Salad & French Fries	18.95
<b>Souvlaki Sandwich</b> Marinated Pork or Chicken, Lettuce, Tomato, Onions & Tzatziki Sauce, wrapped in Pita Bread	16.95
<b>Fried Filet of Sole Sandwich</b> Lettuce, Tomato & Tartar Sauce on a Hard Roll	17.95
<b>Roast Turkey Club</b> Bacon, Lettuce & Tomato	18.95
<b>Knickerbocker Club</b> Pastrami, Corned Beef, Cole Slaw & Russian Dressing on 3 pieces of Rye Bread	19.95
<b>Italian Sub</b> Ham, Salami, Mozzarella, Lettuce, Tomato & Onion	16.95

# Lunch Special

AVAILABLE MONDAY - FRIDAY UNTIL 2:00 PM • EXCLUDING HOLIDAYS • NO SHARING

**1/2 Salad Sandwich or Deli Sandwich\*, Cole Slaw & Cup of Soup 15.95**  
**Combination 1/2 Tongue with Cup of Soup 18.95**

# Wraps

YOUR CHOICE OF PLAIN, WHOLE WHEAT OR SPINACH WRAP • SERVED WITH FRESH FRUIT CUP OR FRENCH FRIES

<b>Roma Wrap</b> Grilled Sliced Chicken Breast combined with Our Traditional Caesar Salad	17.95
<b>Philly Cheese Steak Wrap</b> with Peppers, Onions, Mushrooms & American Cheese	17.95
<b>Greek Wrap</b> Feta Cheese, Chopped Tomato, Romaine Lettuce, Cucumber & Green Peppers	17.95
<b>Egg Salad B.L.T. Wrap</b>	16.95
<b>Turkey Avocado Wrap</b> with Bacon, Lettuce & Tomato	19.95
<b>Roast Beef Wrap</b> with Cheddar Cheese, Lettuce, Tomato & Sweet Roasted Red Peppers	19.95
<b>Tuna or Chicken Salad Wrap</b> with Lettuce & Tomato	16.95
<b>*Nova Wrap</b> with Chive Cream Cheese, Lettuce, Tomato & Onion	19.95
<b>Chicken Fajita Wrap</b> with Avocado, Sautéed Onions, Peppers & Tomato	17.95

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# Entrées

SERVED WITH CUP OF SOUP OR TOSSED SALAD.  
ADD CAESAR SALAD OR GREEK SALAD FOR ADDITIONAL 2.00 • FRENCH ONION SOUP \$1.00 EXTRA

## Steaks & Chops

SERVED WITH CHOICE OF POTATO & VEGETABLE

<b>London Broil</b> Sliced London Broil, Seasoned & Grilled, served with Brown Wine Mushroom Sauce . . . . .	30.95
<b>Premium Pork Chops</b> Seasoned & Grilled . . . . .	29.95
<b>Australian Lamb Chops</b> Seasoned & Grilled . . . . .	40.95
<b>Charbroiled Chopped Steak</b> with Sautéed Onions & Mushrooms . . . . .	27.95
<b>Braised Brisket of Beef</b> with Gravy . . . . .	30.95

## Seafood

<b>Shrimp Parmigiana</b> Lightly Coated in Breadcrumbs, baked with Mozzarella Cheese & Marinara Sauce over Rice or Pasta . . . . .	30.95
<b>Shrimp Scampi</b> Sautéed Garlic Lemon Butter Sauce over Rice or Pasta . . . . .	30.95
<b>Shrimp Francese</b> Sautéed in a Lemon Butter White Wine Sauce over Rice or Pasta . . . . .	30.95
<b>Filet of Sole</b> Served with Lemon Butter Sauce, Choice of Potato & Vegetable . . . . .	28.95
<b>Grilled or Blackened Salmon</b> with Lemon Caper Sauce, Choice of Potato & Vegetable . . . . .	30.95
<b>Fish &amp; Chips</b> Beer Battered Cod, French Fries, Tartar Sauce . . . . .	22.95

## Poppies Favorites

<b>Fajitas</b> Bell Peppers, Tomatoes & Onions on a Sizzling Skillet, Tortillas, Sour Cream, Salsa, Guacamole, Mixed Cheese, Rice & Refried Beans with Chicken . . . . .	27.95
with Steak or Shrimp . . . . .	30.95
<b>Southern Fried Chicken</b> Tender, Juicy Deep-Fried to Golden Crispiness, with French Fries & Cole Slaw . . . . .	25.95
<b>Chicken Parmigiana</b> Lightly Coated in Breadcrumbs, baked with Mozzarella Cheese & Marinara Sauce over Rice or Pasta . . . . .	22.95
<b>Chicken Francese</b> Sautéed in a Lemon Butter White Wine Sauce over Rice or Pasta . . . . .	27.95
<b>Chicken Marsala</b> Mushroom Marsala Wine Sauce over Rice or Pasta . . . . .	27.95
<b>Chicken Scampi</b> Sautéed Garlic Lemon Butter Sauce over Rice or Pasta . . . . .	27.95
<b>BBQ Baby Back Ribs</b> served with Sweet Potato Fries & Cole Slaw . . . . .	Full Rack 24.95 • Half Rack 21.95
<b>Moussaka</b> (Greek Lasagna) Ground Beef, Eggplant, Béchamel Sauce & Light Tomato Sauce . . . . .	21.95
<b>Spanakopita</b> (Spinach Pie) Spinach & Feta Cheese in Filo Dough, Rice & Mixed Vegetables . . . . .	19.95
<b>Half Herb-Roast Chicken</b> with Choice of Potato & Vegetable . . . . .	27.95
<b>Jaffe Half Roast Chicken</b> with Orange-Garlic Glaze, Choice of Potato & Vegetable . . . . .	28.95
<b>Traditional Turkey Dinner</b> with All The Trimmings, Choice of Potato & Vegetable . . . . .	27.95
<b>Meatloaf</b> with Choice of Potato & Vegetable . . . . .	25.95
<b>Turkey Meatloaf</b> with Choice of Potato & Vegetable . . . . .	25.95
<b>Homemade Stuffed Cabbage</b> with Marinara Sauce, Choice of Potato & Vegetable . . . . .	28.95
<b>Crispy Chicken Cutlet</b> with Lemon Caper Sauce, Choice of Potato & Vegetable . . . . .	27.95
<b>Poppies Deli Platter</b> Choice of Three Meats with Two Sides (2.00 extra for each order of Tongue) . . . . .	28.95

## Pasta

<b>Penne Alla Vodka</b> Pink Vodka Cream Sauce . . . . .	21.95 • with Chicken 27.95 • with Shrimp 30.95
<b>Fettuccini Alfredo</b> Fettuccini in a Cream Sauce . . . . .	21.95 • with Chicken 27.95 • with Shrimp 30.95
<b>Creamy Pesto Rigatoni</b> Pesto Cream Sauce & Cherry Tomatoes . . . . .	21.95 • with Chicken 27.95 • with Shrimp 30.95
<b>Baked Lasagna</b> Fresh Pasta Sheets, layered with Ricotta Cheese & Ground Beef topped with Mozzarella Cheese & Marinara . . . . .	21.95
<b>Spaghetti &amp; Meatballs</b> Jumbo Meatballs in Our Homemade Marinara Sauce . . . . .	19.95

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# Breakfast Specialties

- Gyro Breakfast** Slices of Lamb Gyro & Two Eggs, Any Style, served with Tzatziki Sauce, Hash Browns & Toast (White, Rye, Multi-Grain) .....17.95
- Eggs Quesadilla** Flour Tortilla stuffed with Bacon or Ham, Scrambled Eggs, Tomato, Peppers, Onions, Cheddar Cheese, served with Hash Browns, Salsa & Guacamole .....17.95
- Greek Yogurt Parfait** with Granola, Honey, Strawberries & Blueberries .....13.95
- Avocado Toast** with Two Eggs, Any Style, Tomato, Red Onion & Aioli on Challah .....17.95
- Original Plain Matzoh Brie** .....13.95  
with Onions .....14.95  
with Nova & Onions .....18.95
- \*Hand-Sliced Nova Scotia Salmon Platter** Choice of Bagel or Bialy with Lettuce, Tomato & Red Onion ..27.95
- \*Mini Nova Bagel Sandwich** Hand-Sliced Nova, Cream Cheese, Lettuce, Tomato & Capers on a Bagel or Bialy .....17.95
- Grand Slam** Two Eggs, Two Pancakes, Two Sausages & Two Strips of Bacon .....16.95

## Breakfast Special

INCLUDES HOT COFFEE OR HOT TEA • AVAILABLE MONDAY - FRIDAY UNTIL 11:00 AM • EXCLUDING HOLIDAYS • NO SHARING

### Two Jumbo Eggs, Any Style 7.95

SERVED WITH CHOICE OF TWO SIDES: HASH BROWNS • ENGLISH MUFFIN • TOAST (White, Rye, Multi-Grain) • BAGEL • TOMATO SLICES  
POTATO PANCAKES • GRITS • OATMEAL • TWO BUTTERMILK PANCAKES • FRESH FRUIT CUP • COTTAGE CHEESE • EGG WHITES \$2 EXTRA

## Eggs

SERVED WITH CHOICE OF TWO SIDES: HASH BROWNS • ENGLISH MUFFIN • TOAST (White, Rye, Multi-Grain) • BAGEL • TOMATO SLICES  
POTATO PANCAKES • GRITS • OATMEAL • TWO BUTTERMILK PANCAKES • FRESH FRUIT CUP • COTTAGE CHEESE • EGG WHITES \$2 EXTRA

- |  |   |
|--|---|
| <b>Two Eggs, Any Style</b> .....9.95                 | <b>Fried Kippers &amp; Eggs</b> .....15.95        |
| with Ham or 3 Bacon Strips or 3 Sausage Links .13.95 | <b>Ham Steak &amp; Eggs</b> .....16.95            |
| with Canadian Bacon .....13.95                       | <b>Steak &amp; Eggs</b> .....20.95                |
| <b>Corned Beef Hash &amp; Eggs</b> .....17.95        | <b>*NEO or LEO</b> Nova, Eggs & Onions .....18.95 |
| <b>Salami &amp; Eggs</b> .....17.95                  |   |

## Omelettes

SERVED WITH CHOICE OF TWO SIDES: HASH BROWNS • ENGLISH MUFFIN • TOAST (White, Rye, Multi-Grain) • BAGEL • TOMATO SLICES  
POTATO PANCAKES • GRITS • OATMEAL • TWO BUTTERMILK PANCAKES • FRESH FRUIT CUP • COTTAGE CHEESE • EGG WHITES \$2 EXTRA

- Brooklyn Omelette** Sliced Lox, Red Onions, Capers & Sun Dried Tomatoes .....17.95
- Cheese Omelette** Choice of American, Swiss, Cheddar or Muenster .....13.95
- Farmer's Omelette** Spinach, Mushrooms, Onions & Tomato .....15.95
- Spanish Omelette** with Spicy Spanish Sauce .....15.95
- Western Omelette** Ham, Green Peppers & Onions .....16.95
- Poppie's Deli Omelette** Salami, Corned Beef & Pastrami .....18.95
- Greek Omelette** Spinach, Feta Cheese & Tomato .....16.95
- Florentine Omelette** Egg Whites with Fresh Spinach, Sautéed Onions & Swiss Cheese .....16.95

## Create Your Own Omelette \$11.95

### Made with Three Eggs

SERVED WITH CHOICE OF TWO SIDES: HASH BROWNS • ENGLISH MUFFIN • TOAST (White, Rye, Multi-Grain) • BAGEL • TOMATO SLICES  
POTATO PANCAKES • GRITS • OATMEAL • TWO BUTTERMILK PANCAKES • FRESH FRUIT CUP • COTTAGE CHEESE  
EGG WHITES 2.00 EXTRA

#### \$2.00 ADD-INS:

Choice of Cheese (American, Cheddar, Swiss, Pepper Jack, Mozzarella or Feta)  
Onions • Peppers • Tomato • Broccoli • Mushroom • Spinach • Asparagus  
Roasted Peppers • Sun Dried Tomato • Avocado • Portobello Mushrooms

#### \$3.00 ADD-INS:

Taylor Ham • Ham • Bacon • Sausage • Chicken

SUBSTITUTIONS ARE SUBJECT TO UPCHARGE • PLEASE MAKE YOUR SERVER AWARE OF ANY ALLERGIES

\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.



# From The Griddle

ADD BREAKFAST MEAT 3.00 EXTRA

<b>Three Buttermilk Pancakes</b> .....	11.95
<b>Short Stack of Pancakes</b> .....	8.95
<b>Chocolate Chip Pancakes</b> .....	12.95
<b>Granny Smith Pancakes</b> Original Pancakes with Raisins & Cinnamon topped with Warm Apples .....	14.95
<b>Oreo Cookie Pancakes</b> Original Batter mixed with Oreo Cookies .....	13.95
<b>Red Velvet Pancakes</b> Red Velvet Batter mixed with Chocolate Chips & Side of Whipped Cream .....	13.95
<b>Silver Dollar Pancakes</b> .....	11.95
<b>Challah French Toast</b> .....	11.95
<b>Almond French Toast</b> .....	14.95
<b>Apple &amp; Cinnamon French Toast</b> Original French Toast topped with Cinnamon & Warm Apples .....	14.95
<b>French Toast Napoleon</b> 3 Layers of French Toast topped with Strawberries, Bananas, Pecans & Whipped Cream	15.95
<b>Belgian Waffle</b> .....	11.95
<b>Belgian Waffle with Fresh Strawberries or Blueberries</b> .....	14.95
<b>Chicken &amp; Waffle</b> Fried Chicken Tenders & Belgian Waffle .....	17.95

## \*Benedicts

SERVED ON AN ENGLISH MUFFIN OR HOMEMADE POTATO PANCAKE WITH HOLLANDAISE SAUCE,  
SERVED WITH FRESH FRUIT CUP OR HASH BROWNS

**Traditional** with Canadian Bacon 15.95

**Greek** with Spinach & Feta 16.95

**Poppies** with Corned Beef Hash 16.95

**New York** with Nova Scotia Lox 19.95

## Hand Rolled Hot Bagels & Sandwiches

<b>Bagel</b> with Butter or Cream Cheese .....	3.95
<b>Scallion or Vegetable Cream Cheese</b>	
<b>Sandwich</b> .....	5.95
<b>Lox Spread Sandwich</b> .....	7.95
<b>*Nova &amp; Cream Cheese</b> .....	17.95

<b>Two Egg Sandwich</b> (Scrambled or Fried) .....	6.95
with Cheese .....	7.95
with Breakfast Meat .....	9.95
with Breakfast Meat & Cheese .....	10.95
(Taylor Ham, Bacon, Sausage Link, Turkey Sausage or Turkey Bacon)	

## Smoked Fish Platters

SERVED WITH LETTUCE, TOMATO, RED ONION, GREEN PEPPERS,  
BLACK OLIVES & CHOICE OF BAGEL OR BIALY

<b>*Nova Scotia Salmon or Lox</b> .....	27.95
<b>Whitefish Chunk</b> .....	25.00
<b>Baked "Kipperd" Salmon</b> .....	27.95
<b>Sable</b> .....	30.95
<b>Pickled Herring</b> with Cream Sauce .....	14.95
<b>Matjes Herring</b> with Wine Sauce .....	14.95
<b>Lake Sturgeon</b> .....	30.95

## \*Fabulous Fish For 2\*

CHOOSE FROM THREE: WHITEFISH, LOX, NOVA  
OR BAKED "KIPPERED" SALMON

Two Bagels or Bialys, served with Cream Cheese,  
Lettuce, Tomato, Red Onion, Green Peppers,  
Black Olives, Lemon & Capers  
59.95

24.95 PER PERSON ADDITIONAL

\*SABLE & STURGEON AVAILABLE FOR 3.00 EXTRA

**Fish For One 37.95**

## Breakfast Wraps

SERVED WITH A FRESH FRUIT CUP OR HASH BROWNS

<b>Traditional</b> Scrambled Eggs with Bacon or Sausage & Cheddar Cheese .....	14.95
<b>Vegetarian</b> Scrambled Eggs with Fresh Spinach, Tomato, Onion, Mushrooms & Cheddar Cheese .....	13.95
<b>Deli Lover</b> Scrambled Eggs with Corned Beef Hash .....	14.95
<b>Greek Athlete</b> Scrambled Egg Whites with Fresh Spinach, Tomato & Feta Cheese .....	15.95

## Breakfast Sides

<b>Bowl of Grits</b> .....Cup 5.95 • Bowl 8.95	<b>Taylor Ham or Canadian Bacon</b> .....	6.95
<b>Bowl of Oatmeal</b> .....Cup 5.95 • Bowl 8.95	<b>Turkey Bacon or Turkey Sausage</b> .....	6.95
<b>Fresh Fruit</b> .....Cup 5.95 • Bowl 8.95	<b>Corned Beef Hash</b> .....	7.95
<b>Ham, Bacon or Sausage</b> .....	<b>Hash Browns or Avocado</b> .....	5.95

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